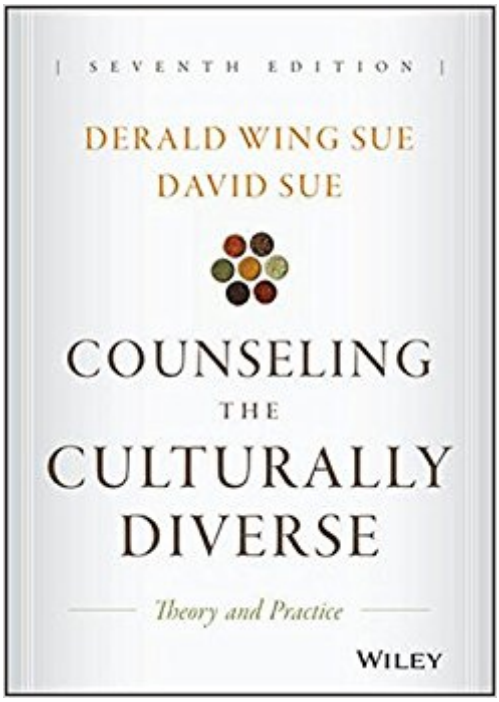
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# Counseling The Culturally Diverse: Theory And Practice




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## Synopsis

The standard bearing guide for multicultural counseling courses now enhanced with research-based, topical, and pedagogical refinements Counseling the Culturally Diverse: Theory and Practice, 7th Edition is the new update to the seminal work on multicultural counseling. From author Derald Wing Sue Ã¢â ¬â œ one of the most cited multicultural scholars in the United States Ã¢â ¬â œ this comprehensive work includes current research, cultural and scientific theoretical formations, and expanded exploration of internalized racism. Replete with real-world examples, this book explains why conversations revolving around racial issues remain so difficult, and provides specific techniques and advice for leading forthright and productive discussions. The new edition focuses on essential instructor and student needs to facilitate a greater course-centric focus. In response to user feedback and newly available research, the seventh edition reflects: Renewed commitment to comprehensiveness. As compared to other texts in the field, CCD explores and covers nearly all major multicultural counseling topics in the profession. Indeed, reviewers believed it the most comprehensive of the texts published, and leads in coverage of microaggressions in counseling, interracial/interethnic counseling, social justice approaches to counseling, implications of indigenous healing, the sociopolitical nature of counseling, racial identity development, and cultural use of evidence-based practice. Streamlined Presentation to allow students more time to review and analyze rather than read more detailed text New advances and important changes, such as expanded coverage of internalized racism, cultural humility, expansion of microaggression coverage to other marginalized groups, social justice/advocacy skills, recent research and thinking on evidence-based practice, and new approaches to work with specific populations. Most current work in multicultural mental health practice including careful consideration of the multicultural guidelines proposed by the American Psychological Association and the draft guidelines for Multicultural and Social Justice Counseling Competencies (MSJCC) (2015) from the American Counseling Association's Revision Committee. Expanded attention to the emotive nature of the content so that the strong emotive reaction of students to the material does not prevent self-exploration (a necessary component of cultural competence in the helping professions). Strengthened Pedagogy in each chapter with material to facilitate experiential activities and discussion and to help students digest the material including broad Chapter Objectives and more specific and oftentimes controversial Reflection and Discussion Questions. Every chapter opens with a clinical vignette, longer narrative, or situational example that previews the major concepts and issues discussed in the chapter. The Chapter Focus Questions serve as prompts to address the opening 'course objectives,' but these questions not only preview the content to be covered, but are

cast in such a way as to allow instructors and trainers to use them as discussion questions throughout the course or workshop. We have retained the 'Implications for Clinical Practice' sections and added a new Summary after every chapter. Instructor's Handbook has been strengthen and expanded to provide guidance on teaching the course, anticipating resistances, overcoming them, and providing exercises that could be used such as case studies, videos/movies, group activities, tours/visits, and other pedagogy that will facilitate learning. Easier comparison between and among groups made possible by updating population specific chapters to use common topical headings (when possible). Offering the perfect blend of theory and practice, this classic text helps readers overcome the discomfort associated with discussions of race, provides real-world examples of how to discuss diversity and difference openly and honestly, and closely examines the hidden and unwritten rules that dictate many aspects of diversity in today's world.

## Book Information

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## Customer Reviews

THE REVISED AND UPDATED STANDARD-BEARING GUIDE TO MULTICULTURAL COUNSELING The seventh edition of the classic resource, Counseling the Culturally Diverse: Theory and Practice, has been revised and updated to include the most current research and cultural and scientific theoretical formations. Authors Derald Wing Sue and David Sue's comprehensive text leads in the coverage of topics such as microaggressions in counseling, interracial/interethnic counseling, social justice approaches to counseling, implications of indigenous healing, the sociopolitical nature of counseling, racial identity development, and cultural use of evidence-based practice. Counseling the Culturally Diverse, Seventh Edition offers: All the major

multicultural counseling topics in the profession  Current approaches for working with specific populations  An examination of the hidden and unwritten rules that dictate many aspects of diversity in today's world  A review of the multicultural guidelines proposed by the American Psychological Association  Fresh material to help facilitate experiential activities and discussions  Ease of comparison between and among groups  A new streamlined presentation that allows for more time to review and analyze the text's content  This seminal work offers an ideal blend of theory and practice. The seventh edition offers students and instructors the latest research and findings in multicultural counseling, cultural competence, and the increasing role of the use of evidence-based interventions.

DERALD WING SUE is Professor of Psychology and Education in the Department of Counseling and Clinical Psychology at Teachers College, Columbia University. He served as president of the Society for the Psychological Study of Ethnic Minority Issues, the Society of Counseling Psychology, and the Asian American Psychological Association. DAVID SUE is Professor Emeritus of Psychology at Western Washington University where he has served as the director of both the Psychology Counseling Clinic and the Mental Health Counseling Program. He is also an associate of the Center for Cross-Cultural Research at Western Washington University.

Easy read. Class was split at first on whether they fully agreed or not with author. Leaving just a few at the end to still not agree, but acknowledge some value. Diversity is not the easiest thing to talk about, but this book is certainly on a higher level than some corporate ’diversity’ training class. Many will have to learn, unlearn, or accept assumptions/that privileges exist. Straight up, main audience is the dominant-culture counselors than marginalized. He does address this and you’ll see the book builds more than just validating those in the margin. Kinda pricey, yes, but I didn’t regret its worth after the semester. It’ll be on my work-shelf and I know I’ll be referencing it for diverse clients.

This has been by far the best textbook that I have read throughout my whole career as a student. The writing was very clear and I liked how authentic the book is with the examples that they used. I would recommend everyone to have this textbook has a reference and just to add to your collection.

Personally challenging and important, in my opinion, but you really have to weigh through the racism and microaggressions to learn about racism and microaggressions. Of course, the book already tells you if you think it’s racist, then it’s just your own racism at work--haha. The greatest

benefit was in marginalizing the majority group. You really do come away with a little bit of the feeling marginalized groups must have, because you don't agree with it, but can't fight it. As a 'privileged' member, it locks you into a category and cuts off any avenue to intellectually or emotionally escape the category. You are, in essence, defined by someone else. You're powerless--frustrated with no recourse.As an interesting addition, the book itself and the classroom it promotes become its own culture complete with power and stratification, and it's a culture where whites are powerless and the group belonging to the most marginalized groups has the most power. The currency is free speech and acceptance and legitimacy. White males have the least currency. Presumably, old disabled black lesbian females would have the most currency. It does highlight society's current race for marginalization. Unfortunately, the division this mindset breeds is evident as well.At some point, someone's going to have to start seeing past the division to unification. That's what we lost when MLK was assassinated. His vision was never about division. It was a vision of inclusion and unification. Brilliant dude. Book is worth the experience. I'm left unsure if the authors are brilliant themselves or if their book turned out to be worth more than what they wrote.

This was a very informative book for my class. Some of the explanations were lengthy and I didn't get to read all of it. It changed my perspective on some things and opened my eyes on others.

This book was one of the most interesting textbooks I have ever read. Each chapter starts with a case study. If you want to be a more culturally sensitive counselor (or individual) I highly recommend this. You will learn a lot!

Lot's of information, although it can be somewhat redundant. There are a lot of negative reviews by people who don't understand the text. This book is interesting and I enjoyed it.

This book is a must for upcoming mental health professionals. It is challenging and thought provoking.

good material. required for a class on counseling diverse populations. it's very thorough and easy to read. my only complaint is with the print quality, specifically the alignment of the text on the page. the margin on the outside is too much, causing the margin on the inside to be too close to the spine, making it difficult to read. essentially, to read it completely, you have to press down on the middle of the book to fully expose the words close to the spine. maybe this is related to the low price of the

book?

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